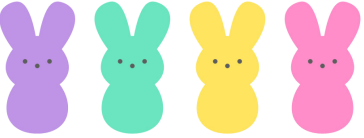



April 2025

Bay Count Department on Aging

HDM/Congregate Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>(1) BAKED TURKEY (3) Mashed Potatoes (17) w/Turkey Gravy (2) Kyoto Blend Veggies (9) Chocolate Pudding (27)</p>	<p>(2) BAJA FISH TACO (31) Fire Roasted Corn and Beans (14) Southwest Coleslaw (7) Banana (44)</p>	<p>(3) GRILLED CHICKEN SANDWICH (29) Cheesy Mashed Potatoes (16) Colorful Peas and Carrots (9) Lemon White Chocolate Cookie (24)</p>	<p>(4) HOT DOG (1) Whole wheat bun (19) Corn (19) Peach Cobbler (45) Potato Chips (15)</p>
<p>(7) SCRAMBLED EGGS (3) Sausage Links (1) Seasoned Cube Potatoes (20) Cinnamon Roll (10) Orange Juice Box (13)</p>	<p>(8) CHI CHI CHILI (22) Saltine Crackers (5) Oven-Baked Potato (33) Wax Beans (5) Pineapple Chunks(18)</p>	<p>(9) BAKED PORK CHOPS (1) Loaded Potatoes(16) Broccoli Florets (4) Apricots (15)</p>	<p>(10) SPANISH RICE W/ MEAT (27) Broccoli (4) Corn Muffin (21) Strawberry Yogurt (13)</p>	<p>(11) TACO SALAD (24)</p>
<p>(14) BEAN & HAM SOUP (25) Diced Carrots (7) Chocolate Chip Cookie (27) Low-Sodium V-8 Vegetable Juice (6)</p>	<p>(15) MEATBALL STROGANOFF (18) Buttered Noodles (13) Mixed Vegetables (11) Fruit Cocktail (17)</p>	<p>(16) SAUCY VEAL PARMESAN (23) OVER SPAGHETTI (20) Green Beans (5) Diced Pears (18)</p>	<p>(17) CRISP CHICKEN FINGERS (20) Down Home Fries (15) Scandinavian Blend Veggies (7) Oreo 4 ct (33)</p>	<p>(18)GOOD FRIDAY! ALL ACTIVITY CENTERS AND OFFICE CLOSED</p>
<p>(21) HUNGARIAN PORK CHOP (6) Buttered Rotini Noodles (43) Spinach (5) Clementine (9)</p>	<p>(22) CHICKEN ENCHILADAS (20) Roasted Corn and Beans (14) Spanish Rice (25) Snickerdoodle (28)</p>	<p>(23) HAMBURGER GRAVY (9) Mashed Potatoes (17) Brussel Sprouts (6) Applesauce (23) Whole Wheat Dinner Roll (23)</p>	<p>(24) ROASTED PORK LOIN (0) Mashed Potatoes (17)w/ Pork Gravy (2) Peas and Carrots (9) Whole Wheat Bread (10) Chocolate Pudding (27)</p>	<p>(25) BBQ CHICKEN BREAST (14) Redskin Potatoes w/onions (23) Corn (21) Pineapple Orange Delight (31)</p>
<p>(28) PHILLY BEEF SANDWICH (24) ON A WHOLE WHEAT BUN (19) Diced Redskin Potatoes w/Onion(13) Riviera Blend Vegetables (6) Strawberry Kiwi Slushie (22)</p>	<p>(29) DEVEILED PORK CHOPS (21) Buttered Rotini Noodles (42) Southern Succotash (20) Pumpkin Fluff (17)</p>	<p>(30) SLOW-COOKED BEEF POT ROAST (2) Mashed Potatoes(17) w/ Beef Gravy (2) Stewed Tomatoes (15) Whole Wheat Bread (10) Apple (21)</p>		

All Meals at the Activity Centers served with Fat-Free Milk (13)

Number next to the menu item indicates carbohydrate count.

Menu is subject to change without notice.

Be advised menu items may contain nuts.

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