


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>(1) NEW YEARS DAY!</b></p> <p><b>ALL ACTIVITY CENTERS AND OFFICES CLOSED</b></p>	<p><b>(2) GRILLED CHICKEN SANDWICH (29)</b>                      Cheesy Mashed Potatoes (16)                      Colorful Peas and Carrots (9)                      Lemon White Chocolate Cookie (24)</p>	<p><b>(3) HOT DOG (1)</b> Whole wheat bun (19)                      Corn (19)                      Peach Cobbler (45)                      Potato Chips (15)</p>
<p><b>(6) SCRAMBLED EGGS (3)</b>                      Sausage Links (1)                      Seasoned Cube Potatoes (20)                      Cinnamon Roll (10)                      Orange Juice Box (13)</p>	<p><b>(7) CHI CHI CHILI (22)</b>                      Saltine Crackers (5)                      Oven-Baked Potato (33)                      Wax Beans (5)                      Pineapple Chunks (18)</p>	<p><b>(8) BAKED PORK CHOPS (1)</b>                      Loaded Potatoes (16)                      Broccoli Florets (4)                      Apricots (15)</p>	<p><b>(9) PIZZA CALZONE (34)</b> Italian Blend                      Vegetables (5)                      Fresh Tossed Salad (3)                      Strawberry Yogurt Cup (13)</p>	<p><b>(10) TACO SALAD (24)</b></p>
<p><b>(13) BEAN &amp; HAM SOUP (25)</b>                      Diced Carrots (7)                      Chocolate Chip Cookie (27)                      Low-Sodium V-8                      Vegetable Juice (6)</p>	<p><b>(14) MEATBALL STROGANOFF (18)</b> Buttered Noodles (13)                      Mixed Vegetables (11)                      Fruit Cocktail (17)</p>	<p><b>(15) SAUCY VEAL PARMESAN (23)</b>                      OVER SPAGHETTI (20)                      Green Beans (5)                      Diced Pears (18)</p>	<p><b>(16) CRISP CHICKEN FINGERS (20)</b> Down Home Fries (15)                      Scandinavian Blend Veggies (7)                      Oreo 4 ct (33)</p>	<p><b>(17) PEPPER STEAK (10)</b>                      Steamed Brown Rice (16)                      Broccoli Florets (4)                      Grape Juice Box (20)</p>
<p><b>(20) MARTIN LUTHER KING DAY!</b></p> <p><b>ALL ACTIVITY CENTERS AND OFFICES CLOSED</b></p>	<p><b>(21) CHICKEN ENCHILADAS (20)</b>                      Roasted Corn and Beans (14)                      Spanish Rice (25)                      Snickerdoodle (28)</p>	<p><b>(22) HAMBURGER GRAVY (9)</b>                      Mashed Potatoes (17)                      Brussel Sprouts (6)                      Applesauce (23)                      Whole Wheat Dinner Roll (23)</p>	<p><b>(23) ROASTED PORK LOIN (0)</b>                      Mashed Potatoes (17) w/ Pork Gravy (2)                      Peas and Carrots (9)                      Whole Wheat Bread (10)                      Chocolate Pudding (27)</p>	<p><b>(24) BBQ CHICKEN BREAST (14)</b> Redskin Potatoes w/onions (23)                      Corn (21)                      Pineapple Orange Delight (31)</p>
<p><b>(27) PHILLY BEEF SANDWICH (24)</b>                      ON A WHOLE WHEAT BUN (19)                      Diced Redskin Potatoes w/Onion (13)                      Riviera Blend Vegetables (6)                      Strawberry Kiwi Slushie (22)</p>	<p><b>(28) DEVILED PORK CHOPS (21)</b> Buttered Rotini Noodles (42)                      Southern Succotash (20)                      Pumpkin Fluff (17)</p>	<p><b>(29) SLOW-COOKED BEEF POT ROAST (2)</b>                      Mashed Potatoes (17) w/Beef Gravy (2)                      Stewed Tomatoes (15)                      Whole Wheat Bread (10)                      Apple (21)</p>	<p><b>(30) CHICKEN CORDON BLUE (12)</b>                      Candied Sweet Potatoes (31)                      Mixed Veggies (11)                      White Chocolate Raspberry Cookie (28)</p>	<p><b>(31) SWEET AND SOUR PORK (22)</b>                      Steamed Brown Rice (16)                      Colorful Peas &amp; Carrots (9)                      Carolina Fruit Salad (40)                      Whole Wheat Bread (10)</p>

All Meals at the Activity Centers served with Fat-Free Milk (13)

Number next to the menu item indicates carbohydrate count.

Menu is subject to change without notice.

Be advised menu items may contain nuts.