


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>(1) SWEET AND SOUR PORK (22) Steamed Brown Rice (16) Colorful Peas & Carrots (9) Carolina Fruit Salad (40) Whole Wheat Bread (10)</p>
<p>(4) CHICKEN & PASTA ALFREDO (21) Broccoli Florets (4) Chocolate Chip Cookie (27)</p>	<p>(5) SLOPPY JOES (8) ON A WHOLE WHEAT BUN (25) Oven-Baked Potato (33) Winter Blend Vegetables (5) Apple (21)</p>	<p>(6) PULLED CHICKEN BBQ SANDWICH (35) WHOLE WHEAT BUN (25) Mixed Vegetables (11) Baked Beans w/Ham (29) Orange (0)</p>	<p>(7) TENDER BEEF TIPS (8) Buttered Noodles (13) Glazed Carrots (10) Honey Wheat Dinner Roll (12) Gelatin Cup (5)</p>	<p>(8) SCRAMBLED EGGS (3) Sausage Links (1) Seasoned Cube Potatoes (20) Blueberry Crisp (53) Orange Juice Box (13)</p>
<p>(11) Veteran's Day ALL ACTIVITY CENTERS AND OFFICES CLOSED</p>	<p>(12) CHICKEN BREAST W/ TARRAGON GRAVY (4) Steamed Brown Rice (17) Colorful Peas and Carrots (9) Tropical Fruit Salad (21)</p>	<p>(13) SWEET AND SASSY MEATBALLS (52) Diced Redskin Potatoes (13) Glazed Carrots (10) Apricots (15)</p>	<p>(14) HONEY MUSTARD PORK CHOP (12) Cheesy Mashed Potatoes (14) Venetian Blend Veggies (6) Pineapple Chunks (18)</p>	<p>(15) CHICKEN FINGERS (19) Tator Tots (15) Garden Green Peas (11) Whole Wheat Bread (10) Chocolate Pudding (27)</p>
<p>(18) ITALIAN SPAGHETTI SAUCE (8) WITH AL DENTE SPAGHETTI (20) Green Beans (5) Garlic and Cheese Biscuits (10) Fig Newtons (20)</p>	<p>(19) CLASSIC CHEESEBURGER (0) ON A WHOLE WHEAT BUN (25) Tator Tots (15) Corn (21) Strawberry Pineapple Jello (26)</p>	<p>(20) SAUERKRAUT AND POLISH SAUSAGE (23) Broccoli w/Cheese Sauce (6) Whole Wheat Bread (10) Applesauce (13)</p>	<p>(21) BAKED TURKEY (3) Mashed Potatoes (17) w/ Turkey Gravy (2) Green Beans Almondine (5) Stuffing ((24) Pumpkin Pie (46)</p>	<p>(22) ALMOND MANDARIN SALAD (37) Oreo 4 ct. (33)</p>
<p>(25) ALMONDINE POLLOCK (7) Cheesy Mashed Potatoes (14) Mixed Veggies (11) Mandarin Oranges and Pineapple Chunks (20)</p>	<p>(26) ASIAN CHICKEN (30) Steamed Brown Rice (17) Lemon White Chocolate Cookie (28)</p>	<p>(27) ITALIAN STEAK SANDWICH (4) Whole Wheat Hamburger Bun (25) Home Fries (15) Green & Yellow Beans (6) Cranberry Juice Cup (17)</p>	<p>(28) Thanksgiving ALL ACTIVITY CENTERS AND OFFICES CLOSED</p>	<p>(29) Thanksgiving ALL ACTIVITY CENTERS AND OFFICES CLOSED</p>

All Meals at the Activity Centers served with Fat-Free Milk (13)

Number next to the menu item indicates carbohydrate count.

Menu is subject to change without notice.

Be advised menu items may contain nuts.