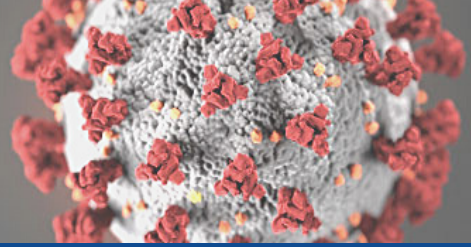


# COVID-19 PREVENTION



## STOP THE SPREAD OF GERMS

HELP PREVENT THE SPREAD OF RESPIRATORY DISEASES LIKE COVID-19



Wash your hands often with soap and warm water for at least 20 seconds.



Clean and disinfect frequently touched objects and surfaces.



Avoid touching your eyes, nose, and mouth. When in public wear a face covering over your mouth and nose.



Cough and sneeze into your upper sleeve or cover your cough with a tissue, then throw in the trash. Wash hands.



Stay home when you are sick, except to get medical care. Call ahead before you visit your doctor or emergency room.



Avoid contact with people who are sick.

If you have additional questions regarding Coronavirus (COVID-19), please call the Bay County Health Department at 989-895-4009 ext. 6. If no one answers, leave a voicemail and you will receive a return call within 24 hours.

**Help us  
FLATTEN THE CURVE!**

 Bay County  
**HEALTH Department**  
SOURCE: Center for Disease Control



FOR MORE INFORMATION PLEASE VISIT: [BAYCOUNTY-MI.GOV/HEALTH](http://BAYCOUNTY-MI.GOV/HEALTH)